

Kids and Traffic

Key ROAD SAFETY Messages for all the adults in a child's life

When children are walking near roads, footpaths, driveways and car parks,

- hold their hands until they are at least 8 years old
- ensure they hold onto a pram, stroller, bag, trolley or your clothing if you cannot hold their hand
- closely supervise them up to at least the age of 10 years.



BEFORE driving with children

Visit an authorised restraint fitter to make sure each child's restraint is

- certified to meet the Australian/New Zealand Standard
- correctly installed and checked
- correct for the child's age and size¹ according to the law².

For children –

Younger than 6 months –
rearward facing child restraints

Between 6 months and 4 years –
either rear or forward facing child restraints

Between 4 and 7 years –
either forward facing child restraints or booster seats.

From 7 years –
booster seats (fastened with a lap/sash seatbelt)
or, if they no longer physically fit in a booster, adult seatbelts.



To be optimally protected in the event of a crash, **children should stay in the specified restraint type for as long as physically possible.**

WHILE driving with children, make sure they

- are always buckled up in their child restraint or booster seat and stay buckled up, awake or asleep, no matter how short the journey
- enter and exit the car through the 'Safety Door' – usually the left-hand rear kerbside door. Ensure more mobile children **enter first** and **exit last** to help keep them safe
- sit in the back seat. In a vehicle with two or more rows of seats, children under 4 years must not sit in the front seat. Children between 4 and 7 years can only sit in the front seat if all the back seats are taken up by children under 7 years of age.

When children are playing or cycling

- make sure the area is safe and away from traffic and water
- actively supervise them while they are playing
- check they are wearing a correctly fitted helmet, suitable clothing and enclosed shoes when riding wheeled toys and bikes.



¹For more details, visit '[Child Car Seats](#)'.

²[NSW Road Rules](#) 2008, Rule 266